



Queen Charlotte Yacht Club

Learn to Sail Course 2011/12

Shelly Beach, Picton.

Attendance is required at all sessions.

This course is intended as an introduction to sailing using the Optimist sailing dinghy. It involves approx 12 hours of tuition both on and off the water.

The recommended age for participants is 8 - 15 years.

Water confidence and the ability to swim at least 50 metres is required.

Parents are welcome to participate in supporting children during the Course if possible. The more parent help the better and they can learn the ropes as well.

Qualified YACHTING New Zealand instructors and assistants run the course.

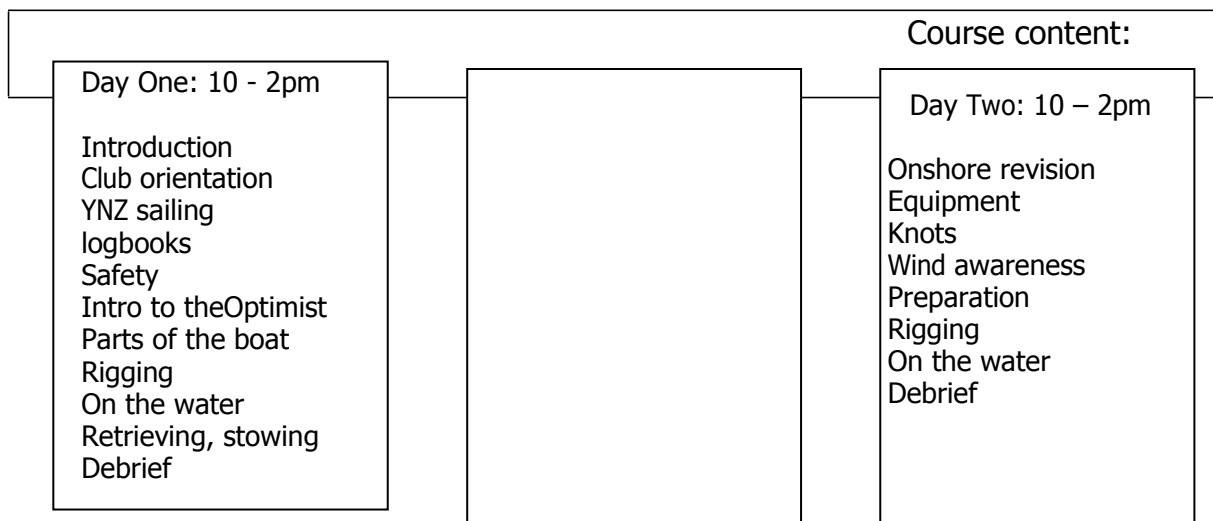
While safety is a paramount concern at QCYC, however all those taking part in the course do so at their own risk.

The course fee is \$215 per person. This covers:

- ⇒ 12 hours tuition
- ⇒ Yachting NZ Learn to Sail Logbook
- ⇒ use of Club Optimist for the course
- ⇒ use of a Club Optimist and Queen Charlotte Yacht Club facilities each week for the rest of 2011/12 season

The course fee for sailors who are already part of a QCYC family membership for 2011/12 season is \$110

For those families with more than one sailor wishing to attend the course, please contact Ian Gardiner at igardiner.qm@gmail.com for more information regarding fees.



Day Three: 10 – 2pm

Onshore revision
Rules

Preparation
On the
water
Capsize
Debrief
Conclusion

You will need:

- | | |
|---|---------------------------------------|
| ☺ WARM clothing to sail in – should include wetsuit if you have one, woollen jumper, thermal | ☺ Life Jacket if you have one |
| ☺ Windbreaker/ spray jacket | ☺ Warm clothing for after sailing |
| ☺ Warm beanie/hat | ☺ Sunblock |
| underwear(eg polyprop top and bottom), shorts, shoes you get wet. | ☺ Drink bottle of water |
| | ☺ Enthusiasm and a sense of adventure |
| | ☺ Food – lunch and snacks each day |
| | ☺ Sunhat |

Please Note: The order of the course content could change depending on the weather.

Please note: QCYC is run voluntarily by sailors and their families.

The twelve places on our Learn to Sail course are allocated on a first come first served basis. We hope new sailors and their families will be involved in our Club throughout the season. Additional training sessions are held informally on Saturdays throughout the season for course participants in conjunction with the Club racing programme



Queen Charlotte Yacht Club

Learn to Sail Registration Form, 2011/12 Season

I would like to register for the Course to be held at QCYC, Shelly Beach Picton on *(refer to the QCYC website for a selection of course dates)*: _____

Sailor Name.....Age:.....

Address:.....

Phone:.....Fax:.....Mobile.....

Email.....

Parent Name.....

Address.....

Phone.....Fax:.....Mobile.....

Email.....

Daytime emergency contact: (if different from above)

Name:.....

Phone:.....Mobile.....

Do you have any medical condition, or are required to take medication ?
If yes, please tell us what we need to know:

Parent/guardian name:

Parent/guardian signature:

Course Payment

Courses Fee enclosed (\$215): *(cheques payable to Queen Charlotte Yacht Club)*

Fee deposit direct to our account: Queen Charlotte Yacht Club
Westpac Bank, Blenheim Branch
03 1710 0010072 00
Code: "606" followed by your family surname

Return your form to:

Ian Gardiner
7
Nottinghill
Drive
Blenheim

Date Received: Method of Payment: Membership No.:.....